



“Food for Thought” Reflection

Name: _____

Select a website (or websites). Let the sections lead you through the various issues that are connected to food, food insecurity, and what organizations are doing to help those who need it. Then respond to the questions below.

1. Jot down information that you find interesting, unusual, startling, or moves you in some way.
2. Write about it—what further questions might you want to have answered?
3. Who would you like to talk with about this?
4. How will this affect your daily life? Your choices?
5. Other?

Food for Thought Websites

These resources provide more information, stats, volunteer opportunities, and topics for reflection and discussion about the topics in the last several blogs. Use them for reflection, challenge, and discussions.

1. <https://www.learningtogive.org/resources/food-security-and-food-justice-toolkit>

(resources and ideas for a variety of projects)

2. <https://lemonlimeadventures.com/20-service-projects-for-kids-fight-hunger/>

(activities for younger students)

3. <https://temp.lionsclubs.org/EN/pdfs/gstIB.pdf>

(project suggestions for various age groups)

4. <http://www.fao.org/food-loss-and-food-waste/flw-data>

(ways to “help us love our food better” and reduce food waste)

5. <https://www.feedingamerica.org/our-work/our-approach/reduce-food-waste>

(stats on waste, sustainability, and food rescue)

6. <https://www.unenvironment.org/thinkeatsave/about/definition-food-loss-and-waste>

(defining food loss and food waste by the United Nations)

7. <https://www.fda.gov/food/consumers/food-loss-and-waste>

(reducing waste, saving money, and protecting the environment – includes animated video)

8. <https://www.realsimple.com/food-recipes/shopping-storing/more-shopping-storing/grocery-store-layout>

(a walk around a grocery store with info about why items are located where they are)