



# “Avenues of Aid” Reflection

Name: \_\_\_\_\_

1. Where are the food banks, pantries, and soup kitchens in my community?
2. What kind of data is available about who takes advantage of these services?
3. Does this information help dispel stereotypes of people with food insecurity?
4. How is the pandemic affecting who utilizes hunger assistance programs?
5. What surprises me most about what I’ve read?
6. How can I get involved in one of these groups at the local level?