



Fact or Fiction?

Name: _____

1. Food banks, hunger centers, and food pantries all do the exact same things. fact fiction
2. Soup kitchens got their name from donations made by the Campbell soup company. fact fiction
3. Religious groups and civic organizations have always provided food for those who were hungry and poor. fact fiction
4. Studies estimate that 10% of food waste occurs at home. fact fiction
5. The US has approximately 328 million people. Of those, 40 million Americans face hunger daily. fact fiction
6. The single biggest “ingredient” in US landfills is old appliances. fact fiction



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7. “Food insecurity” means that there are some foods people don’t feel comfortable eating. fact fiction

8. A higher percentage of people living in urban areas vs. rural areas access some form of food assistance. fact fiction

9. Economic downturns, high food prices, and widespread sickness are causes of hunger. fact fiction

10. People are hungry because there isn’t enough food to go around. fact fiction

11. Even though the statistics about how many people need help feeding their families is overwhelming, each of us can do something to help. fact fiction

12. Food waste contributes to pollution. fact fiction